

# Find Your Personal Tree

Learn which plants and trees are most compatible with you.

Sunday, November 6, 10:30 am to 1:30 pm

Guide: Dr. Sergei Shaginyan

Location: The Arboretum Botanic Garden in Arcadia



The Arboretum, 301 N. Baldwin Ave, Arcadia, CA 91007

Do not miss this opportunity to increase your awareness of plants, based on scientific research that has been performed in Russia for the last 30 years and that has never been presented in the West.

**Learn about** plants, which ones are donors and which are “vampires,” about the specific use of trees and other plants to maintain health and well being.

**Learn about** importance to re-charge your energy when you need it.

**Find out** why incidence of headaches, asthma etc. are higher in certain areas or in houses where people keep many plants.

**Take home** practical applications to use by knowing what is your personal tree. In this class, all participants will be evaluated and individual donor tree will be found for them.



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Occupying the heart of the historic Rancho Santa Anita, The Los Angeles County Arboretum & Botanic Garden is a unique 127 acre botanical garden and historical site jointly operated by the Los Angeles Arboretum Foundation and the Los Angeles County Department of Parks and Recreation and located in the city of Arcadia. Home to plant collections from all over the world, including many rare and endangered species, The Arboretum also houses outdoor historical landmarks representative of the major phases of California history.

**Admission fee to the Arboretum:** \$7.00 (students \$5.00; children 5-12 \$2.50)

**Class fee:** \$25.00

**Meeting place:** At the entrance

Limited Attendance. **Please RSVP:** (310) 948-2968 [sergei@sergei4health.com](mailto:sergei@sergei4health.com)

**Dr. Shaginyan** is a MD licensed to practice medicine in the former USSR. He received his medical degree at the Moscow Medical School, the highest ranked school in Russia, where

he trained in a number of specialties, including psychiatry, pediatrics and neurology. Dr. Shaginyan is also trained in herbology, healing and integrative medicine as well as radioestesy (dowsing), studying under one of the leading experts in the field, **Dr. Kuznetsov**, a professional geologist who works for the Moscow University, and Prof. Meilitsev, PhD, who developed a new branch of this ancient science, called Plant Radioestesy. In California, Dr. Shaginyan is licensed to practice acupuncture and herbology and is nationally board-certified by the National Certification Commission in Acupuncture and Oriental Medicine (NCCAOM). He has published over 30 articles on alternative medicine and has been a guest in a number of radio and TV shows.

## **Directions:**

Just south of I-210, Foothill Freeway at 301 North Baldwin Avenue, Arcadia, across from the Santa Anita Race Track.

### *From the 210 heading east*

Exit Baldwin, turn right (south), go for .25 miles. The Arboretum will be on the Right.

### *From the 210 heading west*

Exit Baldwin, turn right from the off ramp onto Foothill Blvd. and turn right onto Baldwin Avenue. Go south for .25 miles. The Arboretum will be on right.

### *From the 10 Fwy. heading East*

Exit Baldwin and go North. Huntington is the last major street before Arboretum Way. Turn left onto Arboretum Way.

### *From the 10 Fwy. heading West*

Exit Temple City Blvd. Turn Right onto Loftus. Get into the Left lane to turn Left onto Baldwin Ave. Stay on Baldwin. Huntington is the last major street before Arboretum Way. Turn left onto Arboretum Way.

Alternately you can use the link below to get step by step directions to The Arboretum.

[www.arboretum.org](http://www.arboretum.org)

[www.sergei4health.com](http://www.sergei4health.com)



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